



**Action Toward Independence
Presents:**



MELINDA's MUSIC

FREE *Zoom Music Therapy Groups Offered Monthly

“A WARM MUSICAL HUG”

**Early Childhood Therapeutic Musical Interaction
for Ages 7 wks to 5 yrs, All Abilities, with Adult Caregiver**

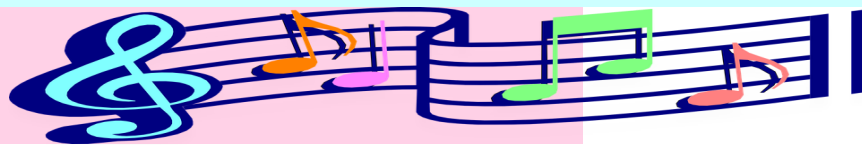
“OUR MUSICAL MEMORIES”

**Music Social Engagement
for People Living with Dementia WITH their CarePartners**

“STAND BY ME”

**Music Therapy SUPPORT for CAREPARTNERS of
a Loved One Living with Dementia**

***Participation requires internet access.**



**For more information or
to register, contact
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Or
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BIOGRAPHY:

Melinda Marks Burgard graduated from NYU with a degree in Music Psychotherapy. She is a NYS Licensed Creative Arts Therapist, who has been practicing clinical Music Therapy for over 30 yrs. Melinda has consistently worked with young children since she was in her early 20's. Ms. Burgard championed and created Music Socials throughout the entire Hudson Valley for the Alzheimer's Association. Melinda enjoys sharing her wealth of knowledge regarding how Music (and movement) can be used as a therapeutic tool for wellness, healing and mindfulness.

Melinda uses her clinical skills to obtain non-musical goals such as increasing socialization, improving speech, improving fine and gross motor skills, increasing emotional expression and obtaining a sense of calm.